



# Let's Say It Again - The art of reframing questions and conversations and setting boundaries

## Webinar invitation!

This session will provide you with some tools to reframe questions and conversations and review how to effectively set communication boundaries in the workplace.

Are you ever confronted with any of the following issue's? If so, please register/complete this learning activity.

1. Do you know when boundaries have been crossed in your work environment?
2. Are you aware of how to reframe a conversation to make it less defensive?
3. Are you comfortable giving feedback to your peers?

## Who should attend?

All team members

## Webinar date and time

Monday, July 8, 2 p.m. to 3 p.m.

Register through I-Learn by browsing for: [z5072 Let's Say It Again - The art of reframing questions and conversations and setting boundaries](#). After registering, you will receive a confirmation email with further details for accessing the webinar.



## Objectives

The information shared in this course will help you to:

1. Discuss your understanding of triangulation and how to handle it in the workplace.
2. Describe how to reframe a conversation.
3. Describe verbal, psychological/emotional and physical boundary violations.
4. Identify how to change a closed-ended question to an open-ended question.
5. Discuss your understanding of the 4 step feedback model.

## Webinar access instructions

Access instructions will be provided in your confirmation email from I-Learn after you register for the webinar.