

N: Emotional intelligence intro

Zoom meeting invitation!

This Zoom meeting will introduce you to the basic concepts of emotional intelligence.

- Do you ever find yourself feeling frustrated, misunderstood or hurt by conversations with others?
- Do people tell you they can tell what you are thinking by just looking at your face?

If your answer was “yes” to any of the above, then this class is for you!

Who should attend?

This Zoom meeting is for all team members.

Webinar date and time

Friday, July 10, 1 p.m. to 2 p.m.

Webinar access instructions

The instructor will invite you to the Zoom meeting after you register for the session in I Learn.



Objectives

The information shared in this course will help you to:

- Understand how emotional intelligence impacts our workplace success
- Define emotional intelligence
- Identify the four components of emotional intelligence

Register in I-Learn by browsing for: z4210 Emotional Intelligence Intro. The instructor will invite you to the Zoom meeting after you register for the session in I Learn.