



# Spiritual Care

*Compassionate presence, courageous conversations, and meaningful connections along the journey of life.*

# Meditation



Imagine before you:  
every open and closed door  
Tests passed and failed  
All that has brought you to here  
Imagine those you will interact with,  
Those whose hands you will hold in grief  
Tears wiped away in joy  
Friendships you will make  
that you cannot even imagine now  
Ways you will change people's lives, change  
NH, and it will change you  
I know it to be true  
Welcome to your new beginning at NH  
–Meditation inspired by Jonna Garvin  
–Picture is of a piece of art "Beauty from  
Tears" made by NH Chaplain Chelsy Mitchell

Life is full of transitions...



Some,  
we  
see  
coming.

And...



Some,  
we  
don't.

# Compassionate Presence

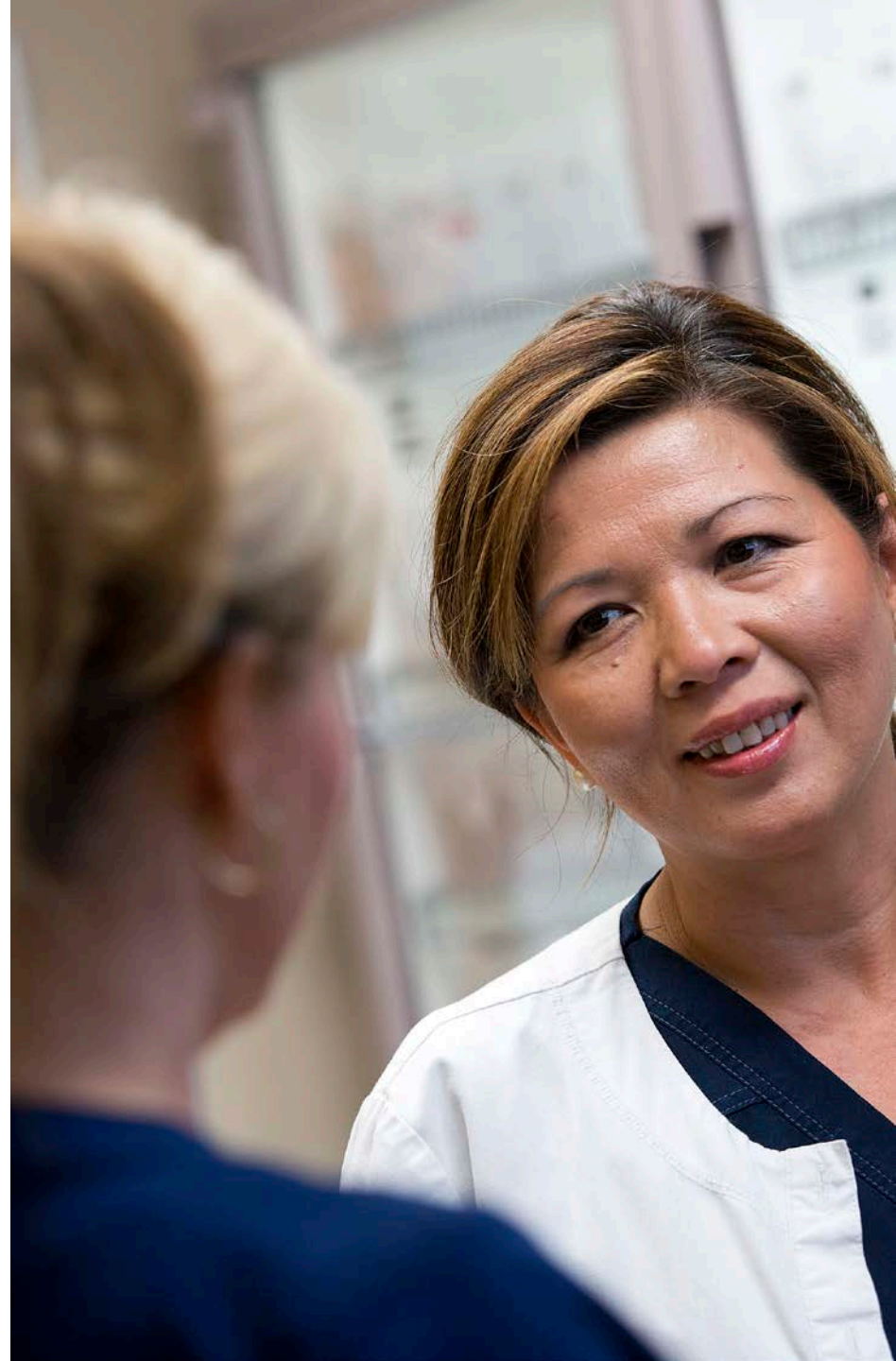
When we are well supported – emotionally, spiritually and physically - through life's most important transitions, we are able to respond with resilience.



# Courageous Conversations

Part of resilience is honest conversation. When we acknowledge the feelings, fears, and hopes which come with transition, we are more able to move forward with intention.

*This is true for patients, loved ones and team members.*



# Meaningful Connections

When we act with intention, we connect with the resources most helpful and available to us. We begin to take steps into a new future.



# Along the journey of life.

Each important transition we face is but one moment on our journey.

The Novant Health Spiritual Care Team recognizes that the meaning found in one moment has the power to shape the future.





# What is Spiritual Care at Novant Health?

The care we provide patients, loved ones and team members which acknowledges the meaning of their experience.

Spiritual Care recognizes that personal story and values, cultural practices, and religious beliefs influence how people find meaning.

***Spiritual Care is available to everyone.***

Jack Matney Memorial Labyrinth Courtyard, NHPMC



# Who provides Spiritual Care?

## Spiritual Care Specialists:

### Professional Chaplains

Graduate-level theological degree.

Completion of 1600 residency hours.

Demonstration in written and oral form of 31 competencies related to:

Integration of theory and practice

Professional identity and conduct

Professional practice

Organizational leadership

## Clinical Pastoral Education Students:

**Chaplain Residents** in a Professional and ACPE Accredited CPE Program with Novant Health

## Spiritual Care Generalists

Community faith leaders, lay leaders

Every NH Team Member

*Each of us is able to care  
for the  
Human Spirit  
by being present with  
compassion!*

# Where is Spiritual Care provided?

Patient's Room

Team Member Lounge/Unit Areas/Etc.

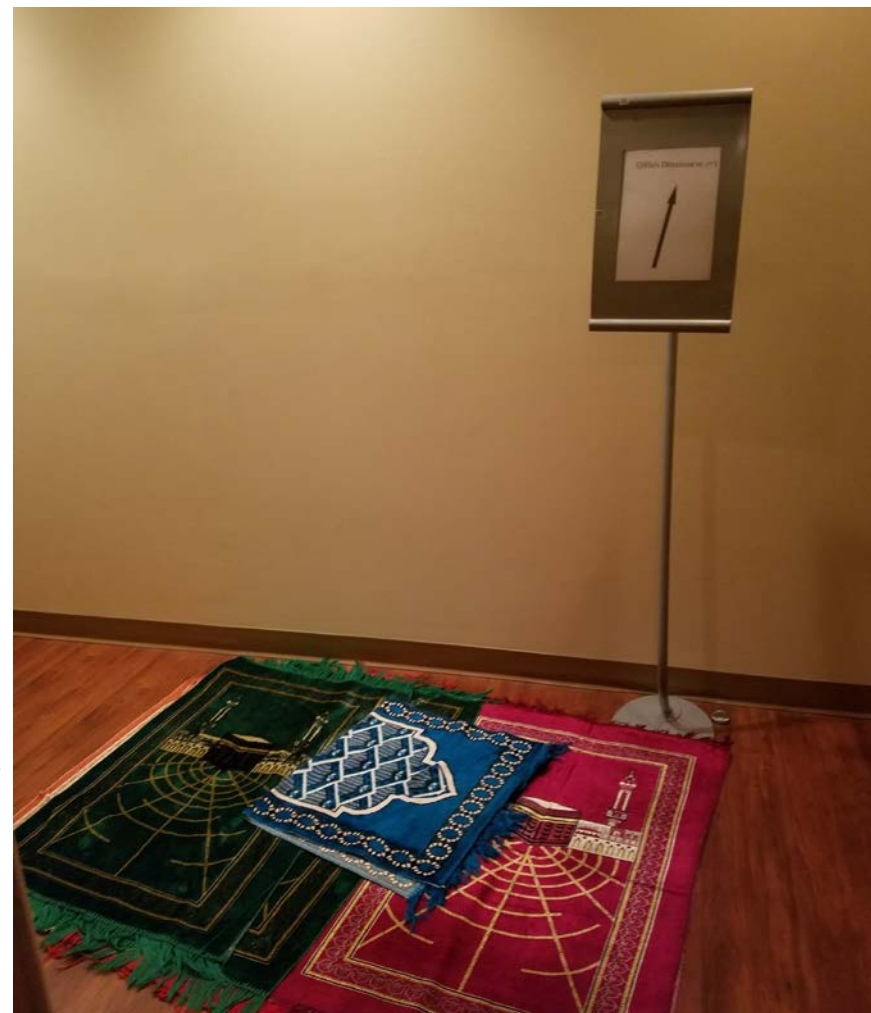
Holding Room/Waiting Room/Emergency Room/Exam Room/Consultation Room/Birthing Room

Meditation/Prayer Room

Chapel

Spiritual Care Provides Support to ALL persons without discrimination in order to provide emotional and/or spiritual support.

Wherever the need may arise...



# When do I make a Spiritual Care referral?

## When:

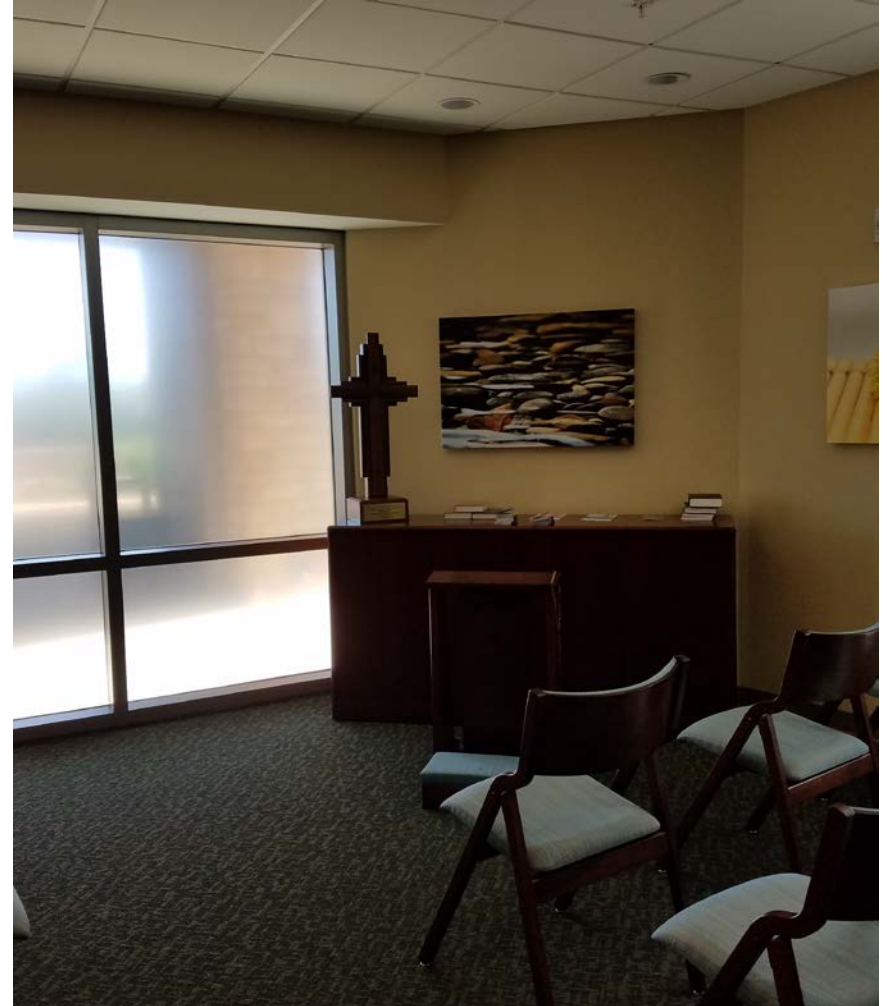
- The patient or loved one requests a chaplain upon admission to the hospital
- There is a change in treatment/prognosis or end of life is near
- A patient asks important questions: “Why has this happened to me?” or “What did I do to deserve this?”
- Goals of care are being discussed
- A patient/loved one has specific spiritual and/or religious rituals/traditions
- A patient/loved one has a social need with which the chaplain can assist
- Team Members are experiencing higher than typical level of stress

# How do I make a Spiritual Care referral?

Enter a Spiritual Care consult in Dimensions

Contact a Chaplain through Voalte

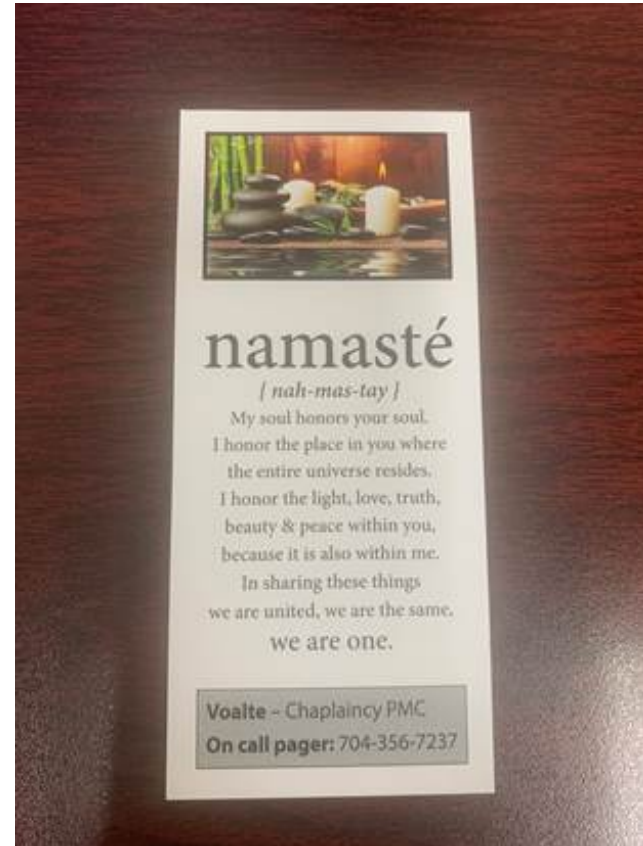
Call the hospital Operator



# Presence

The human soul doesn't want to be advised or fixed or saved. It simply wants to be witnessed — to be seen, heard and companioned exactly as it is.

— Parker J. Palmer





# Spiritual Care SharePoint Site

## Rest. Renew. Recharge.

No matter how dedicated, well trained, or committed you are, **every caregiver needs a time to pause, relax, and to receive care from others.** Whether we're at the bedside or providing administrative support, all of us have been affected by the pandemic.

**Spiritual Care has put together a collection of resources** just for NH team members. To access these resources, enter your NH e-mail address after clicking on the [Spiritual Care SharePoint site](#) link. The link can also be accessed from the Thriving Together portal or simply by entering the address:

<https://nh.team/spiritualcare>

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*Compassionate presence,  
courageous conversations,  
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