

# N Foundational Skills for Coaching

## Leadership lab opportunity!

These leadership labs are events providing leaders an opportunity for application and practice of key leadership skills related to People and Team practices.

### Are you interested in:

- Learning more specific information about the manager, leader, and coach roles?
- Learning how to become a more effective coach?
- Practicing the core concepts of the I-GROW model?

### Who should attend?

Novant Health leaders

### Webinar date and time

Tuesday, May 6, 10 a.m. to noon

Register through I-Learn by browsing for: **CEL0071 Foundational Skills for Coaching.** After registering, you will receive a confirmation email with further details for the session you select to attend.



### Objectives

The information in this course will help you to:

- Describe the different roles of a manager, leader, and a coach.
- Define the five core foundational skills for coaching.
- Discuss and demonstrate the seven Active Listening Skills.
- Review the I-GROW model.