

N Foundational Skills for Coaching

Leadership lab opportunity!

These leadership labs are events providing leaders an opportunity for application and practice of key leadership skills related to People and Team practices.

Are you interested in:

- Learning more specific information about the manager, leader, and coach roles?
- Learning how to become a more effective coach?
- Practicing the core concepts of the I-GROW model?

Who should attend?

Novant Health leaders

Webinar date and time

Thursday, January 16, 2 to 4 p.m.

Register through I-Learn by browsing for: **CEL0071 Foundational Skills for Coaching**. After registering, you will receive a confirmation email with further details for the session you select to attend.



Objectives

The information in this course will help you to:

- Describe the different roles of a manager, leader, and a coach.
- Define the five core foundational skills for coaching.
- Discuss and demonstrate the seven Active Listening Skills.
- Review the I-GROW model.