

# N Developing Emotional Intelligence (EQ)

## Leadership education!

This course will provide an overview of Emotional Intelligence and how it directly relates to your success as a leader.

### Are you interested in:

- Learning more about how emotional intelligence supports you becoming a more effective leader?
- Identifying strengths and opportunities about your emotional intelligence as a leader?
- Learning more about how your behaviors impact your team?

### Who should attend?

Novant Health leaders

### Webinar date and time

Tuesday, February 4, 2 to 4 p.m.

Register through I-Learn by browsing for: **CEL0070 Developing Emotional Intelligence (EQ)**. After registering, you will receive a confirmation email with further details.



### Objectives

The information in this course will help you to:

- Describe emotional intelligence and the relationship to leadership effectiveness.
- Identify your strengths and potential opportunities for improvement.
- Distinguish how your specific behaviors are perceived by others and how they impact others.
- Describe the 5 areas of emotional intelligence and the 3 subscales associated with each area.