Foundational Skills for Coaching

Leadership lab opportunity!

These leadership labs are virtual and/or in-person events providing leaders an opportunity for application and practice of key leadership skills related to People and Team practices.

Are you interested in...

- Learning more specific information about the manager, leader, and coach roles?
- · Learning how to become a more effective coach?
- Practicing the core concepts of the I-GROW model?

Who should attend?

Novant Health leaders

Webinar date and time

Thursday, April 6, 2 to 4 p.m.

Register through I-Learn (NetLearning in New Hanover) by browsing for: **CEL0071 Foundational Skills for Coaching**. After registering, you will receive a confirmation email with further details for the session you select to



Objectives

The information in this course will help you to:

- Describe the different roles of a manager, leader, and a coach.
- Define the five core foundational skills for coaching.
- Discuss and demonstrate the seven Active Listening Skills.
- Review the I-GROW model.

